

Invitation Only  
Plant Medicine  
Healing Retreat

Sacred Valley,  
Peru



Discover the healing power of  
plant medicine in this  
invitation only intimate  
experience.

Join us on a captivating plant medicine journey, where ancient  
wisdom and sacred medicine open the mind, elevate the soul, and  
guide you toward deep healing and transformation.

Pre -  
Retreat

Zoom prep sessions 6 months  
30 Days prior to arrival  
(La Dieta)

Retreat  
Experience

3 Ayahuasca Ceremonies.  
& 1 Huachuma Ceremony

Post -  
Retreat

7 Days after the retreat

Retreat  
Dates

April 16 - 28, 2026

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Juliette (787)988-1965

# Retreat Details

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Step into a sacred space of deep healing and transformation. Join us for a 8-day immersive retreat designed to guide you through profound personal work with the wisdom of ancient plant medicines.

Throughout this carefully curated journey, you will experience:

## Three Ayahuasca Ceremonies

Led by a highly experienced and qualified shaman and her team of priestesses and shamanic musician, these sacred ceremonies offer deep introspection, emotional release, and spiritual awakening.

## One Huachuma (San Pedro) Ceremony

Connect with the heart-expanding, grounding medicine of Huachuma in a full-day ceremony held in nature, designed to integrate and balance your experience.

## Arrival Day Cleansing Ritual

Begin your retreat with a traditional energetic cleanse to purify the body, mind, and spirit, preparing you for the ceremonies ahead.

## Healing Bodywork Session

Receive a personalized therapeutic bodywork session to support your physical and energetic alignment throughout your journey.

## Private Chef-Prepared Meals

Nourish your body with conscious, plant-based meals crafted with love by our private chef, following a dieta that complements the medicines' healing process.

## Additional Inclusions:

- Daily meditation and gentle movement yoga sessions
- Integration circles to help you process and embody your experiences
- Sacred space in a natural, tranquil setting to support inner work
- Optional one-on-one sessions with the shaman for deeper guidance

This retreat is for those ready to embark on a heart-centered path of awakening, healing ancestral patterns, and remembering the essence of who you are.

**Spaces are limited** to preserve the intimacy and depth of this experience.

**Applications are now open. Reserve your space today!**

# Retreat Investment

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The retreat is all-inclusive from the moment you arrive until the day of departure. All accommodations, plant medicine ceremonies, healing bodywork, cleansing rituals, integration sessions, and all meals prepared by a private chef are included.

## Early Bird Pricing (Available until August 31, 2025)

- Double Occupancy Room: \$3,895 per person
- Single Occupancy Room: \$4,295 per person

## Standard Pricing (For registrations after September 1, 2025)

- Double Occupancy Room: \$4,195 per person
- Single Occupancy Room: \$4,594 per person

All participants will have access to:

- Monthly Zoom sessions every month for 6 months prior to the retreat
- Three in person meetings before the retreat
- Weekly support during the 30-day dieta prior to the retreat
- Airport Transfers from and to Cusco Airport (CUZ)
- Three ayahuasca ceremonies
- One huachuma (San Pedro) ceremony
- Live shamanic music during ceremony sessions
- An arrival day energetic cleanse
- One private healing bodywork session
- Daily yoga and meditation sessions
- Plant-based meals prepared by a private chef (dieta friendly)
- Group integration circles during the retreat
- Closing Cacao ceremony
- Post-retreat Zoom integration sessions
- An optional cacao integration ceremony at Lago Las Curías in Cupey, Puerto Rico

A non-refundable deposit will secure your space, with payment plans available. Final payment deadline is January 31, 2026 and detailed travel information and participation form will be provided upon registration.

Contact [Johanna@bay-lifestyle.com](mailto:Johanna@bay-lifestyle.com) for registration or additional information.

Looking forward to accompanying you on this journey!