

# B.A.Y. LIFESTYLE

PRIVATE YOGA TEACHER TRAINING  
HYBRID & IN-PERSON RETREATS

200-HR AND 300-HR YOGA ALLIANCE  
CERTIFICATIONS CATERED TO YOUR NEEDS



# BEYOND ASANA YOGA SCHOOL 200 & 300 HOUR PRIVATE YTT CERTIFICATION

## CHOOSE THE FORMAT AND LENGTH OF YOUR TRAINING



With B.A.Y. Lifestyle, your Yoga Teacher Training is tailored to your lifestyle and location.

- Hybrid Training: Blends online coursework with an immersive in-person retreat.
- All In-Person Training: Fully immerse yourself in a transformative on-site experience.

With individualized mentorship, a comprehensive curriculum, and a focus on the true essence of yoga, our private YTT ensures you receive the attention, support, and depth you need to become a confident and skilled yoga teacher.

**Puerto Rico Option**  
Starting at: \$3,995



Elevate your practice and teaching with our private Yoga Teacher Training programs, designed for personalized growth and flexible learning. Whether you're starting your journey with the 200-hour certification or deepening your expertise with the 300-hour program, we offer options tailored to your needs!



## JOIN US IN PUERTO RICO, YOUR LOCATION OR ANYWHERE IN THE WORLD



Choose the setting that best supports your journey:

- Join us in Puerto Rico for an immersive experience at our stunning location.
- Bring us to you—we'll travel to your home, studio, or chosen space for a customized training.
- Retreat-style training anywhere in the world, combining yoga education with adventure and cultural immersion.

Wherever you decide, we bring expert guidance, personalized training, and a deeper understanding of the practice to help you grow.

**Alternate Locations**  
Starting at: \$4,495