



DISCOVER BALI
ADVENTURE RETREAT

SEPTEMBER 2023

**ARRIVE IN BALI
SEPTEMBER 16, 2023**



**EXPLORE THE ISLAND
OF NUSA PENIDA**

September 16 Arrive in Bali

September 17 Private boat ride that includes 3 stops to snorkel at an amazing coral reef, swim with sea turtles and play with manta rays! Stay at a beautiful lodge in Nusa Penida

September 18 Enjoy the beautiful landscape and visit beaches on the east side of the island

September 19 Explore the west side of the island and take the ferry back to meet up with the rest of the retreat participants at a beautiful mansion in Kuta, Bali

One Person Shared \$2,695
One Person Private \$3,695
Couple \$4,995



**DISCOVERING BALI
ADVENTURE RETREAT**

SNORKEL WITH TURTLES & MANTA RAYS

ENJOY THE BEACHES OF NUSA PENIDA

DAILY YOGA CLASSES

VISIT TEMPLES

BATHE IN SACRED WATER

EAT HEALTHY LOCAL FOOD

EXPLORE THE LOCAL CULTURE

HAVE AN UNFORGETTABLE ADVENTURE



**TAKE TIME FOR
YOURSELF**

**ARRIVE IN BALI
SEPTEMBER 19, 2023**



**ENJOY THE CULTURE
AND NATURE OF BALI**

September 20 Monkey Forest, Waterfall

September 21 Pyramids of Chi Sound Healing, Aloha Rice Fields, Oka

September 22 Mount Batur Lake

September 23 Activity of your choice

September 24 Tirta Empul, Goa, Culture

September 25 Garuda Wisnu Kencana, Uluwatu, Betari Dinner

September 26 Departure

One Person Shared \$1,995
One Person Private \$2,795
Couple \$3,795

For more information or to book go to: <https://www.bay-lifestyle.com/services/retreats> or contact Johanna@bay-lifestyle.com